

Active Reading Strategies

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LiveABC editors

Book 2

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Active Reading Strategies Book 2

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CONTENTS

CONTENT CHART	04
LEARNING OVERVIEW	06
UNIT 1 Make Them Laugh: A History of Canned Laughter	10
UNIT 2 Going Zero Waste	22
UNIT 3 Leonardo da Vinci: A Man Ahead of His Time	32
UNIT 4 AI: A New World Just Around the Corner	42
UNIT 5 Don Quixote	52
UNIT 6 Do Appearances Matter?	62
Review 1 (Units 1-6)	72
UNIT 7 The World's Hidden Wonders	80
UNIT 8 An Introduction to Animal Classification	90
UNIT 9 Genetically Modified Foods: To Eat or Not to Eat?	100
UNIT 10 Making the Most of Your Money	110
UNIT 11 Amir's Kitchen: Online Reviews	120
UNIT 12 In the News: Exciting Sports Briefs	130
Review 2 (Units 7-12)	140

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CONTENT CHART

UNIT		READING SKILL	READING	VOCABULARY BUILDER	LANGUAGE NOTES	PUT IT IN WRITING
1	Make Them Laugh: A History of Canned Laughter	Previewing	Make Them Laugh: A History of Canned Laughter	Synonyms	<i>so ... that vs. such ... that</i>	<ul style="list-style-type: none"> Write about your general understanding of a news article
2	Going Zero Waste	Scanning	Going Zero Waste	Antonyms	Appositives	<ul style="list-style-type: none"> Write about how to reduce waste in your daily life
3	Leonardo da Vinci: A Man Ahead of His Time	Skimming	Leonardo da Vinci: A Man Ahead of His Time	Synonyms	Relative Adverbs	<ul style="list-style-type: none"> Write about a famous person from the past Create a biographical timeline about yourself
4	AI: A New World Just Around the Corner	Identifying Supporting Details	AI: A New World Just Around the Corner	Word Families	Punctuation—Commas	<ul style="list-style-type: none"> Write about a gadget you use regularly Write about and discuss what the future will be like
5	Don Quixote	Analyzing Characters	Don Quixote	Synonyms	Conditionals	<ul style="list-style-type: none"> Write an analysis of a fictional character
6	Do Appearances Matter?	Distinguishing Facts from Opinions	Do Appearances Matter?	Words with Different Meanings	Restrictive Clauses vs. Nonrestrictive Clauses	<ul style="list-style-type: none"> Write about your opinion on the rising awareness of beauty and personal care Distinguish facts from opinions in a current news article
Review 1 Pages 72–79						
7	The World's Hidden Wonders	Recognizing Generalizations and Examples	The World's Hidden Wonders	Synonyms	Participle Clauses	<ul style="list-style-type: none"> Write a paragraph using a generalization with examples Write about a spot you like to visit
8	An Introduction to Animal Classification	Classifying	An Introduction to Animal Classification	Words That Cause Confusion	Adverbial Clauses	<ul style="list-style-type: none"> Write down the characteristics for three species of animals
9	Genetically Modified Foods: To Eat or Not to Eat?	Identifying Advantages and Disadvantages	Genetically Modified Foods: To Eat or Not to Eat?	Word Families	Present Perfect Tense	<ul style="list-style-type: none"> Write about the advantages and disadvantages of social media Write arguments for a chosen topic
10	Making the Most of Your Money	Transferring Information to Graphic Form	Making the Most of Your Money	Words with Different Meanings	<i>whether vs. if</i>	<ul style="list-style-type: none"> Create your weekly budget and record your actual spending Create a graph of the top five apps you use the most
11	Amir's Kitchen: Online Reviews	Evaluating Information Critically	Amir's Kitchen: Online Reviews	Words That Cause Confusion	Perfect Modals	<ul style="list-style-type: none"> Write a restaurant review Evaluate product reviews
12	In the News: Exciting Sports Briefs	Understanding News Headlines	In the News: Exciting Sports Briefs	Words That Cause Confusion	News Headlines	<ul style="list-style-type: none"> Write about a news brief using the 5Ws and 1H questions Write a paragraph about a news piece
Review 2 Pages 140–147						

LEARNING OVERVIEW

Active Reading Strategies Book 2 is the second volume of the *Active Reading Strategies* series. Each book is divided into 12 striking units with a review section after every six units. Each unit contains a warm-up section, reading passage, reading comprehension questions, two vocabulary building exercises, language notes, and reading skill information with relevant exercises. A writing section wraps up each unit and provides students with an opportunity for further practice and learning. With our systematic learning methods and a variety of practical content, students will gain competence throughout the series.

Unit 1
**MAKE THEM LAUGH:
A HISTORY OF CANNED
LAUGHTER**

Learning Objectives
In this unit, you will ...
• learn about synonyms.
• learn about so ... that as well ... that.
• learn to preview a text before reading.
• write about your general understanding of a news article.

Get It Started
• Listen to the audio. Match the following types of laughs to the correct numbers. (1-6)
staring, snickering, chuckles, giggles, cackles, belly laughs
• How do these sounds affect your viewing experience?

An overview of the unit helps students focus on the learning outcomes.

Helpful questions and exercises allow teachers to front-load the unit topic.

READING

This section contains a selected reading passage followed by interesting facts and critical thinking questions. After that, the reading comprehension, vocabulary, and grammar sections are presented to enhance students' reading fluency.

A pre-reading exercise captures students' attention for the reading passage that follows.

READING

Before Reading 25 (1)

Match the following words and phrases with their correct definitions.

1. jolt up	→	a. extremely excited and enjoyment
2. obscure	→	b. something that has never been made before
3. staple	→	c. to make something more attractive or interesting
4. disappear with	→	d. laughing a lot in an uncontrollable way
5. crucial	→	e. a large or important part of something
6. invention	→	f. a situation comedy
7. in stitches	→	g. to stop using somebody/something because you no longer need them or it



Skim the title, the first two paragraphs, and the last paragraph of the article. Then, answer the following questions.







- What do you think this article is about?
- What should you pay attention to while reading the text carefully?
- Is the author's attitude toward this topic positive or negative?

25 (2)

Ah, laughter. If you could bottle it up and sell it, you'd make a million.

Well, in a sense, that's already been done—but it's not botched. It's sacred. Canned laughter, also known as a laugh track, was a staple of television sitcoms for many years, and chances are you may have laughed right along with it whenever you watched a comedy program. So just what is canned laughter? Well, to understand, we first need to take a look into the past.

For thousands of years before movies and TV came along, people were already enjoying stage plays and other forms of public entertainment. It should come as no surprise, then, that the art of comedy goes back at least to the ancient Greeks. The world was so harsh and cruel that laughing with friends and fellow theater goers at the jokes of a funny play brought everyone closer together with welcome relief.

Even today, comedy clubs can be found in most major cities around the world, and the comedians who work in them regularly love their audiences as athletes. But supposing you were the lone patron in a comedy club—an audience of one. Would you laugh out loud at the jokes? Would they seem as hilarious if there was no one else to laugh with you?

According to a study conducted at University College London, the answer is no. Researchers there found that adding laughter to a joke increases the humor value, no matter how funny or unfunny the joke is.

The idea that laughter encourages others to laugh along is nothing new; in fact, it dates all the way back to Shakespeare. During performances of his plays, he had people planted in the theater to laugh out loud at the jokes. The goal was to make them seem more humorous and draw the audience in.

The trick of using laughter to inspire laughter was also used when radio first became popular in the early years of the 20th century. Radio programs such as *The Abbott and Costello Show* were performed in front of a studio audience and broadcast live. This broadcast included the audience's laughter to give listeners the illusion of "being there."

The diverse text structures and themes increase students' interest.

READING

Before Reading 25 (1)

Match the following words and phrases with their correct definitions.

1. jolt up	→	a. extremely excited and enjoyment
2. obscure	→	b. something that has never been made before
3. staple	→	c. to make something more attractive or interesting
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For thousands of years before movies and TV came along, people were already enjoying stage plays and other forms of public entertainment. It should come as no surprise, then, that the art of comedy goes back at least to the ancient Greeks. The world was so harsh and cruel that laughing with friends and fellow theater goers at the jokes of a funny play brought everyone closer together with welcome relief.

Even today, comedy clubs can be found in most major cities around the world, and the comedians who work in them regularly love their audiences as athletes. But supposing you were the lone patron in a comedy club—an audience of one. Would you laugh out loud at the jokes? Would they seem as hilarious if there was no one else to laugh with you?

According to a study conducted at University College London, the answer is no. Researchers there found that adding laughter to a joke increases the humor value, no matter how funny or unfunny the joke is.

The idea that laughter encourages others to laugh along is nothing new; in fact, it dates all the way back to Shakespeare. During performances of his plays, he had people planted in the theater to laugh out loud at the jokes. The goal was to make them seem more humorous and draw the audience in.

The trick of using laughter to inspire laughter was also used when radio first became popular in the early years of the 20th century. Radio programs such as *The Abbott and Costello Show* were performed in front of a studio audience and broadcast live. This broadcast included the audience's laughter to give listeners the illusion of "being there."

Then, in 1948, singer and actor Bing Crosby developed a method to pre-record his radio shows. Crosby suggested to the sound editors that they add in recorded laughter to just up his jokes and cover small gaps and mistakes, and thus canned laughter was born.

The laugh track gained immediate popularity among radio and TV producers, and it reached a peak in the 1950s and sixties after the invention of the Laff Box. The creation of TV sound engineer Charles Douglass, his type of the Laff Box machine could be used to choose between 120 different laughs—sneering and sneaking, chuckles and giggles, cackles and belly laughs, and more. Douglass's Laff Box was such a hit with television producers that they often disagreed with the studio audience altogether and used Douglass's canned laughter instead. All they had to do was sit a track of laughter from the Laff Box, add it onto the program at the appropriate moments, and voila!—the viewer had a ready-made audience to laugh along with. Like a magic trick, canned laughter made the jokes seem much funnier.

In the 1990s, live audiences began to make a comeback. However, later popular sitcoms like *Friends* and *The Big Bang Theory* still use laugh tracks to "simulate" the studio audience response. And why not? After all, in the words of *Charlie Sheen*, "There is nothing in the world so irresistibly contagious as laughter and good humor."

Did You Know?

- You can find videos of *Friends* and *The Big Bang Theory* without laugh tracks on YouTube. Interestingly, they seem creepy and less funny.
- Laugh tracks can be heard in many old cartoons, such as *The Flintstones* and *The Pink Panther*.

The Flintstones **The Pink Panther**

For decades, the Laff Box was kept with padlocks. Only Charles Douglass and his immediate family knew what the machine looked like and how it functioned.

In fact, many shows began to abandon the use of laugh tracks after the 1990s.

What Do You Think?

- Do you think canned laughter is what makes a show funny? Why or why not?
- Is the laugh track offensive to viewers' intelligence? Explain your position.

Reading Comprehension

A. True or False
Read the statements below and write T for true or F for false.


- The ancient Greeks used comedy to escape from their hard and cruel world.
- A study has shown that adding laughter to a joke makes it seem funnier.
- Walt Disney had people backstage laugh at his jokes.
- Bing Crosby used pre-recorded laughter in his comedy movies in 1948.

B. Short Answers
Read the following questions and write short your answers.

- What is canned laughter also known as?
- Why did Bing Crosby add a laugh track to his show?
- Who is the creator of the Laff Box?

C. Multiple Choice
Circle the correct answer.

- What does the pronoun "them" in paragraph 4, line 17 refer to?
 - a. The jokes
 - b. The comedian
 - c. The comedy club
 - d. The audience
- The word "blatant" in paragraph 7, line 33 is closest in meaning to:
 - a. covert
 - b. naive
 - c. obvious
 - d. lacking
- Which of the following is true about the Laff Box?
 - a. The use of it reached a peak in the 1970s.
 - b. It was invented by a well-known TV producer.
 - c. It has 120 different laughs to choose from.
 - d. It looked like an old telephone.



A variety of reading comprehension questions tests and boosts students' understanding of the passage.

Additional fun facts and useful information help students gain knowledge in a fun way.

Thought-provoking questions allow students to think critically and improve their analytical skills.

A basic exercise is provided to assess students' understanding of the unit's vocabulary and phrases.

Vocabulary Builder

A. Fill in the Blanks
Complete the sentences with the words below. Change the forms if necessary.
audience inspire reject immediate peak invention

- The TV show is about new _____ and business ideas.
- The phone ring, during the _____ of the movie, interrupting everyone's enjoyment.
- His new book idea was _____ by his last interview experience.
- The _____ (clapped) when the show was over.
- The teacher's reaction was _____ and firm.
- The hat was a welcome _____ from the cold weather outside.

B. Synonyms
Circle the synonym of the words in bold.

- It's difficult to imagine the **harsh** conditions of life in this poor country.
 - a. tropical
 - b. sunny
 - c. inhospitable
- I couldn't stop laughing after I watched that **hilarious** video online.
 - a. lame
 - b. clumsy
 - c. comical
- Some models seem to wear **appropriate** clothes for his job interviews.
 - a. girly
 - b. indecorous
 - c. appropriate

Language Notes

so... that vs. such... that

So... that and such... that can both be used to show emphasis.

so + Adj./Adv. + that = S. + V.
such + (a/an) + N. + that = S. + V.

The movie was so good that I went to see it again.
He runs so fast that I couldn't catch up with him.

such + (a/an) + N. + that = S. + V.
It was such a good movie that everyone was crying by its end.

Your Turn
Combine the following sentences using so... that or such... that.

- The room was hot. / I needed to open a window.
- Nancy is a clever woman. / She can solve all problems at work.
- Rylee speaks quickly. / The rest of the class could not understand her.
- He was a talented singer. / He won the competition without any difficulty.
- I was tired. / I fell asleep on the couch in the living room.

An advanced exercise is presented to broaden students' vocabulary.

Applicable grammar usage along with practice exercises helps students comprehend the structures of the text.

READING SKILL

This section contains a brief explanation of the targeted reading skill with relevant exercises. Students can apply the reading strategy to read effectively.

READING SKILL

Previewing

- Previewing is planning through a text quickly to get the main idea before reading the whole text. Through previewing, readers are able to get an overview of the text and set a purpose for reading.
- Here are some tips for previewing:
 - Read the title, subtitles, and headings.
 - Look at the illustrations, graphs, tables, and their descriptions.
 - Scan for first few paragraphs for an introduction and last few paragraphs for the conclusion.

Test Your Skill

Preview the following passage and answer the questions.

Unhealthy Health Foods and Drinks

You've decided to start a new diet regime and determine first to alter your diet. There are three changes you can make: weight, carbs, and fats. However, dietitians suggest these diet books are problematic for people trying to lose weight.

Salad
It's not the lettuce, carrots, or celery that are the problem. The problem is the calorie-rich dressings. Creamy such as vina and cheese also increase the calories.

Frozen Yogurt
This creamy treat might seem like a good alternative to an ice cream, but don't fool yourself. This will just weigh due to the large amount of sugar in frozen yogurt.

PUT IT IN WRITING

Various writing exercises are provided to take students to a higher language proficiency. Students can put their thoughts into words and practice a mix of language skills.

FAT FREE **Fat-Free Food**

The trouble with this kind of food is that, like frozen yogurt, it often contains a lot of sugar. Thus, without the fat to make you feel full, you tend to eat more.

Juice
It's hard to believe, isn't it? After all, fruit and vegetables are always recommended by nutritionists. However, some varieties have hidden drinking calories to avoid!

Diet Soda
Obviously, diet soda doesn't have the sugar that regular soda contains. However, some varieties have hidden drinking calories to avoid!

Sports Drinks
Don't think sports drinks are good for you just because your favorite athlete gulps them down. If you're not exercising, a lot would be too much.

Not all foods or drinks that are advertised as healthy or low-fat are actually good for you. Read the nutrition labels to know the real story. By making informed, healthy choices about food and exercise, getting in shape will be a piece of cake for you.

- What is the title of this passage?
- What are the headings of this passage?
- What is the main idea of this passage?
- What does the author think about choosing healthy foods and drinks?

REVIEW

A review section after every six units is offered to check students' vocabulary, grammar, and reading competencies. This section incorporates a variety of reading skills and reading comprehension questions. It provides an excellent tool for students to track their improvements and understand their reading comprehension levels.

Review 1 (Units 1-4)

Part A

Gauguin: A Life in Color

Paul Gauguin, a leader of the Postimpressionist movement, explored the use of color and form to convey emotion. He was born in Paris in 1858, but spent most of his life in Tahiti, French Polynesia. He was called "the painter of the tropics" because of his use of color and form to convey emotion. He was called "the painter of the tropics" because of his use of color and form to convey emotion.

Part B

The Sports World Seeks Solutions to the Plastic Problem

Every year, about 100 million tons of single-use plastics are produced and end up in landfills or the ocean. Sporting events often produce a lot of these plastics: water bottles, energy bars, and individual water bottles are getting involved.

The International Olympic Committee (IOC) has taken the lead by passing the IOC Clean Game Strategy, which aims to limit awareness of the damaging effects of plastics on the environment. The IOC's goal is to limit single-use plastics from all IOC events. The IOC's goal is to limit single-use plastics from all IOC events.

The Committee with Olympic Federation is leading the charge in trying to... plastics are in the game in Australia, there were no single-use bags available at stores, and... plastics are in the game in Australia, there were no single-use bags available at stores, and...

Choose the best answer to complete the text.

1. ...the...
a. to that
b. to that
c. to that
d. to that

2. ...the...
a. to that
b. to that
c. to that
d. to that

3. ...the...
a. to that
b. to that
c. to that
d. to that

4. ...the...
a. to that
b. to that
c. to that
d. to that

5. ...the...
a. to that
b. to that
c. to that
d. to that

6. ...the...
a. to that
b. to that
c. to that
d. to that

7. ...the...
a. to that
b. to that
c. to that
d. to that

8. ...the...
a. to that
b. to that
c. to that
d. to that

9. ...the...
a. to that
b. to that
c. to that
d. to that

10. ...the...
a. to that
b. to that
c. to that
d. to that

Unit 1

MAKE THEM LAUGH: A HISTORY OF CANNED LAUGHTER



Learning Objectives

In this unit, you will ...

- learn about synonyms.
- learn about *so ... that* vs. *such ... that*.
- learn to preview a text before reading.
- write about your general understanding of a news article.



Get It Started

- Listen to the audio. Match the following types of laughs to the correct numbers.  1-02

tittering snickering chuckles giggles cackles belly laughs

1

2

3

4

5

6

- How do these sounds affect your viewing experience?

READING

Before Reading 1-03

Match the following words and phrases with their correct definitions.

- | | | |
|-----------------|---|---|
| ① jazz up | • | • a. extremely unkind and unpleasant |
| ② sitcom | • | • b. something that has never been made before |
| ③ staple | • | • c. to make something more attractive or interesting |
| ④ dispense with | • | • d. laughing a lot in an uncontrollable way |
| ⑤ cruel | • | • e. a large or important part of something |
| ⑥ invention | • | • f. a situation comedy |
| ⑦ in stitches | • | • g. to stop using somebody/something because you no longer need them or it |

Skim the title, the first two paragraphs, and the last paragraph of the article. Then, answer the following questions.

① What do you think this article is about?

② What should you pay attention to while reading the text carefully?

③ Is the author's attitude toward this topic positive or negative?

1-04

Ah, laughter. If you could bottle it up and sell it, you'd make a million.

Well, in a sense, that's already been done—but it's not bottled, it's canned. Canned laughter, also known as a laugh track, was a staple of television sitcoms for many years, and chances are you may have laughed right along with it whenever you watched a comedy program. So just
5 what is canned laughter? Well, to understand, we first need to take a look into the past.





For thousands of years before movies and TV came along, people were already enjoying stage plays and other forms of public entertainment. It should come as no surprise, then, that the art of comedy goes back at least to the ancient Greeks. The world was so
10 harsh and cruel that laughing with friends and fellow theater-goers at the jokes of a funny play brought everyone closer together with welcome relief.

Even today, comedy clubs can be found in most major cities around the world, and the comedians who work in them regularly
15 leave their audiences in stitches. But supposing you were the lone patron in a comedy club—an audience of one. Would you laugh out loud at the jokes? Would they seem as hilarious if there was no one else to laugh with you?

According to a study conducted at University College London,
20 the answer is no. Researchers there found that adding laughter to a joke increases the humor value, no matter how funny or unfunny the joke is.

The idea that laughter encourages others to laugh along is nothing new; in fact, it dates all the way back to Shakespeare. During
25 performances of his plays, he had people planted in the theater to laugh out loud at the jokes. The goal was to make them seem more humorous and draw the audience in.

The trick of using laughter to inspire laughter was also used when radio first became popular in the early years of the 20th
30 century. Radio programs such as *The Abbott and Costello Show* were performed in front of a studio audience and broadcast live. This broadcast included the audience's laughter to give listeners the illusion of "being there."



Then, in 1948, singer and actor Bing Crosby developed a method to pre-record his radio shows. Crosby suggested to the sound editors that they add in recorded laughter to jazz up his jokes and cover small gaps and mistakes, and thus canned laughter was born.

The laugh track gained immediate popularity among radio and TV producers, and it reached a peak in the 1950s and 60s after the invention of the Laff Box. The creation of TV sound engineer Charles Douglass, this typewriter-like machine could be used to choose between 320 different laughs—tittering and snickering, chuckles and giggles, cackles and belly laughs, and more. Douglass’s Laff Box was such a hit with television producers that they often dispensed with the studio audience altogether and used Douglass’s canned laughter instead. All they had to do was mix a track of laughter from the Laff Box, add it into the program at the appropriate moments, and voila!—the viewer had a ready-made audience to laugh along with. Like a magic trick, canned laughter made the jokes seem much funnier.

In the 1970s, live audiences began to make a comeback. However, later popular sitcoms like *Friends* and *The Big Bang Theory* still use laugh tracks to “sweeten” the studio audience response. And why not? After all, in the words of Ebenezer Scrooge, “There is nothing in the world so irresistibly contagious as laughter and good humor!”

Did You Know?

- You can find videos of *Friends* and *The Big Bang Theory* without laugh tracks on YouTube. Interestingly, they seem creepy and less funny.
- Laugh tracks can be heard in many old cartoons, such as *The Flintstones* and *The Pink Panther*.



The Flintstones



The Pink Panther



Friends



The Big Bang Theory

- For decades, the Laff Box was kept with padlocks. Only Charles Douglass and his immediate family knew what the machine looked like and how it functioned.
- In fact, many shows began to abandon the use of laugh tracks after the 1980s.



What Do You Think?

- Do you think canned laughter is what makes a show funny? Why or why not?
- Is the laugh track offensive to viewers’ intelligence? Explain your position.

Reading Comprehension

A. True or False

Read the statements below and write *T* for true or *F* for false.

- _____ ❶ The ancient Greeks used comedy to escape from their harsh and cruel world.
- _____ ❷ A study has shown that adding laughter to a joke makes it seem funnier.
- _____ ❸ Shakespeare had people backstage laugh at his jokes.
- _____ ❹ Bing Crosby used pre-recorded laughter in his comedy movies in 1948.

B. Short Answers

Read the following questions and write down your answers.

- ❶ What is canned laughter also known as?

- ❷ Why did Bing Crosby add a laugh track to his show?

- ❸ Who is the creator of the Laff Box?

C. Multiple Choice

Circle the correct answer.

- ❶ What does the pronoun “they” in paragraph 4, line 17 refer to?
- a. The jokes
 - b. The comedians
 - c. The comedy clubs
 - d. The audience
- ❷ The word “illusion” in paragraph 7, line 33 is closest in meaning to “_____.”
- a. concept
 - b. curse
 - c. estimate
 - d. fantasy
- ❸ Which of the following is true about the Laff Box?
- a. The use of it reached a peak in the 1970s.
 - b. It was invented by a well-known TV producer.
 - c. It has 320 different laughs to choose from.
 - d. It looked like an old telephone.



Vocabulary Builder

A. Fill in the Blanks

Complete the sentences with the words below. Change the forms if necessary.

audience inspire relief immediate peak invention

- ① The TV show is about new _____ and business ideas.
- ② The phone rang during the _____ of the movie, interrupting everyone's enjoyment.
- ③ His new book idea was _____ by his last overseas adventure.
- ④ The _____ clapped when the show was over.
- ⑤ The leader's reaction was _____ and firm.
- ⑥ The hot tea was a welcome _____ from the cold weather outside.

B. Synonyms

Circle the synonyms of the words in bold.

- ① It's difficult to imagine the **harsh** conditions of life in this poor country.
 - a. tropical
 - b. severe
 - c. temporary
- ② I couldn't stop laughing after I watched that **hilarious** video online.
 - a. lame
 - b. clumsy
 - c. comedic
- ③ Nate made sure to wear **appropriate** clothes for his job interview.
 - a. proper
 - b. fashionable
 - c. impressive

Language Notes

so ... that vs. such ... that

So ... that and such ... that can both be used to show emphasis.

so + $\left\{ \begin{array}{l} \text{Adj.} \\ \text{Adv.} \end{array} \right\}$ + **that** + **S.** + **V.**

- The movie was **so** good **that** I went to see it again.

↪ Adj.

- He ran **so** fast **that** I couldn't catch up with him.

↪ Adv.

such + (a/an) + **N.** + **that** + **S.** + **V.**

- It was **such** a sad movie **that** everyone was crying by its end.

↪ a/an + Adj. + N.



Your Turn

Combine the following sentences using *so ... that* or *such ... that*.

- 1 The room was hot. / I needed to open a window.

- 2 Nancy is a clever woman. / She can solve all problems at work.

- 3 Kylie spoke quickly. / No one in class could understand her.

- 4 He was a talented singer. / He won the competition without any difficulty.

- 5 I was tired. / I fell asleep on the couch in the living room.

READING SKILL

Previewing

- Previewing is glancing through a text quickly to get the main idea before reading the whole text. Through previewing, readers are able to get an overview of the text and set a purpose for reading.
- Here are some tips for previewing:
 - Read the title, subtitles, and headings.
 - Look at the illustrations, graphs, tables, and their descriptions.
 - Skim the first few paragraphs for an introduction and last few paragraphs for the conclusion.

Test Your Skill 1-05

Preview the following passage and answer the questions.

Unhealthy

Health Foods and Drinks

You've decided to shed a few kilograms and therefore tried to alter your diet. Even with the changes, you're not losing weight. Curiously, doctors suggest some diet foods are problematic for people trying to eat more healthily.



Salad

It's not the lettuce, carrots, or celery that are the problem. The problem is the calorie-rich dressings. Extras such as nuts and cheese also increase the calories.

Frozen Yogurt

This yummy treat might seem like a good alternative to ice cream, but don't fool yourself. You will gain weight due to the huge amount of sugar in frozen yogurt.





Fat-Free Food

The trouble with this kind of food is that, like frozen yogurt, it often contains a lot of sugar. Plus, without the fat in it to make you feel full, you tend to eat more.

Juice

It's hard to believe, isn't it? After all, fruit and vegetables are always recommended by nutritionists. However, juice from stores is often loaded with sugar.



Diet Soda

Obviously, diet soda doesn't have the sugar that regular soda contains. However, some scientists have linked drinking diet soda to obesity!

Sports Drinks

Don't think sports drinks are good for you just because your favorite athlete gulps them down. If you're not exercising a lot, avoid these drinks.



Not all foods or drinks that are advertised as healthy or low-fat are actually good for you. Read the nutrition labels to learn the real story. By making informed, healthy choices about food and exercise, getting in shape will be a piece of sugar-free cake.

1 What is the title of this passage?

2 What are the headings of this passage?

3 What is the main idea of this passage?

4 What does the author think about choosing healthy foods and drinks?

POT IT IN WRITING

TASK A

Read the following memo about a news article and complete the memo filling in the blanks.

launch article human return astronauts

NEWS

Headlines: NASA and SpaceX confirm SpaceX's first ever astronaut launch is a "go."

- 1 The _____ is about the NASA and SpaceX Commercial Crew launch. It was a successful _____.
- 2 NASA _____ Doug Hurley and Bob Behnken will go to the International Space Station. They could _____ to the Earth in between six and 16 weeks.
- 3 This was the first _____ flight for the Commercial Crew program. SpaceX could be used to send and return astronauts to the ISS if all goes well.



TASK B

Preview a current news article. List three points about your general understanding of the article.

Monday, April 25

NEWS

Headlines: _____

① _____

② _____

③ _____

